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- The logo for Boon-Il Taekwon-Do is a large, stylized circular emblem. It features a red and blue design with a white center, resembling a Taekwon-Do symbol. The text 'BOON-IL-TAEKWON-DO' is written in a light blue, sans-serif font, curving around the top and sides of the emblem.
1. gunnun junbi sogi
apcha busigi
 2. niunja so sonkal daebbi makgi
yobap cha busigi
 3. gunnun junbi sogi
ap cha olligi
 4. niunja so sonkal daebbi makgi
naeryo chagi
 5. niunja so sonkal daebbi makgi
dollyo chagi
 6. gunnun junbi sogi
ap en dollyo chagi
 7. gunnun junbi sogi
yopcha jirugi
 8. annun junbi sogi, bijstappen
yonsok yopcha jirugi
 9. yopcha jirugi (stop-variant)
dwit chagi (schaar-variant)
 10. annun junbi sogi, bijstappen
bandae dollyo chagi
 11. annun junbi sogi, bijstappen
bandae dollyo / dollyo chagi
 12. niunja so sonkal daebbi makgi / annun junbi sogi
bandae dollyo / yop chagi, draai-variant
 13. niunja so daebbi makgi
yop, bandae, dollyo chagi
 14. dwitbal so sonkal daebbi makgi
bituro, dollyo chagi
 15. foot hook, pressing kick
suroh chagi
 16. niunja so sonkal daebbi makgi
dollmyo dollyo chagi